

Ojos del Salado Expedition Required Equipment

BASE LAYERS

- Synthetic Short Underwear** (2-3 pair)
non-cotton style underwear
recommended: [Patagonia Men's Capilene Daily Boxer Brief](#)
- Lightweight Long Underwear** (1-2 pair)
long sleeve shirt and long pants
recommended: [Mountain Hardware Ghee Long Sleeve 1/2 Zip](#) top, [Ghee Tight](#) bottoms
- Heavyweight Long Underwear** (1 pair)
recommended: [Mountain Hardware Diamond Peak 1/2 Zip](#) top, [Diamond Peak Thermal Tight](#) bottoms
- Short-Sleeve Synthetic Shirt** (1-2)
recommended: [Mountain Hardware Diamond Peak Short Sleeve T-Shirt](#)

MID LAYERS

- Soft Shell Jacket**
to be worn over other layers
recommended: [Mountain Hardware Stretch Ozonic Jacket](#)
- Soft Shell Pants**
very breathable and water repellent
recommended: [Mountain Hardware Stretch Ozonic Pant](#)
- Lightweight Nylon Pants** (1-2 pair)
recommended: [Mountain Hardware Chockstone/2 Pant](#)

WINDPROOF / RAIN LAYERS

- Hard Shell Jacket with hood**
waterproof and breathable shell jacket
recommended: [Mountain Hardware Exposure/2 Gore-Tex 3L Active Jacket](#)
- Hard Shell Pants**
waterproof and breathable shell pants
recommended: [Mountain Hardware Exposure/2 Gore-Tex Active Pant](#)

INSULATION LAYERS

- Insulated Down or Synthetic Jacket with hood**
recommended: [Mountain Hardware Nilas Jacket](#)
- Insulated Pants**
recommended: [Mountain Hardware Compressor Pant](#)

HEADWEAR

- Warm Hat**
synthetic or wool hat (ski hat)
recommended: [Mountain Hardware Dome Perignon](#)
- Balaclava**
to protect your neck and face in high winds
recommended: [Mountain Hardware Alpine Balaclava](#)

**Baseball Cap or other sun hat**

to shade your face/neck from the sun on a hot day
recommended: [Madison Mountaineering Cap](#)

**Bandana or Buff**

to protect your neck/face from the sun
recommended: [BUFF UV Multifunctional Headwear](#)

EYEWEAR

**Glacier Glasses**

full protection with side covers or wrap-around
recommended: [Julbo Shield Sunglasses](#)

**Ski Goggles**

to be worn in the event of high winds
recommended: [Scott USA LCG Goggle](#)

GLOVES

**Lightweight Synthetic Liner Gloves**

for wearing on warm days
recommended: [Mountain Hardware Power Stretch Stimulus Glove](#)

**Soft Shell Gloves**

to wear for moderate cold/wind
recommended: [Mountain Hardware Route Setter Alpine Work Glove](#)

**Shell Glove with Insulated Liner**

to wear for severe cold/strong wind
recommended: [Mountain Hardware Exposure/2 Gore-Tex Glove](#)

**Expedition Mitts**

large enough to fit a liner glove inside
recommended: [Mountain Hardware Absolute Zero Gore-Tex Down Mitt](#)

FOOTWEAR

**Liner Socks (3 pairs)**

recommended: [Spyder Pro Liner Sock](#)

**Wool or Synthetic Socks (3 pairs)**

recommended: [Smartwool Mountaineering Extra Heavy Crew Sock](#)

**Mountaineering Boots**

Double boots
recommended: [La Sportiva G2 Evo](#)

**Hiking Shoes/Boots**

comfortable hiking boots

**Gaiters**

recommended: [Outdoor Research Expedition Crocodile Gaiters](#)

**Water Shoes or Sandals**

for our camp near the hot springs at Laguna Verde
recommended: [Keen Evofit One Sandal](#)

**Booties (optional)**

for wearing around camp
recommended: [Feathered Friends Down Booties](#)

SLEEPING EQUIPMENT



Sleeping Bag

rated to at least -20°F

recommended: [Mountain Hardware Lamina -30 Sleeping Bag](#)



Self-inflating Sleeping Pad

Full-length is preferred

recommended: [Therm-a-Rest NeoAir XTherm](#)



Closed-cell Foam Pad

to be used in conjunction with the inflating pad for warmth and comfort when sleeping

recommended: [Therm-a-Rest RidgeRest Solar](#)



Earplugs

recommended: [Eagle Creek Travel Ear Plug Set](#)

MOUNTAINEERING GEAR



Expedition Backpack

approximately 50L

recommended: [Mountain Hardware AMG 75 Backpack](#)



Compression Stuff Sacks

for reducing the volume of the sleeping bag, down parka, etc., in your pack

recommended: [Sea to Summit Compression Sacks](#) and [Sea to Summit eVAC Dry Sacks](#)



Trash Compactor Bags

to line backpack and stuff sacks as well as for separating gear



Backpack Rain Cover (optional)



Trekking Backpack

to carry on the trek to base camp. Simple and light.

recommended: [Mountain Hardware Scrambler 35 Backpack](#)



Trekking Poles with Optional Snow Baskets

adjustable poles

recommended: [Black Diamond Alpine Carbon Cork Trekking Poles](#)



Ice Axe

general mountaineering tool (~60cm)

recommended: [Petzl Summit Ice Axe](#)



Crampons

general mountaineering crampons

recommended: [Petzl Sarken Leverlock Crampon](#)



Climbing Helmet

must be able to fit over your warm hat

recommended: [Petzl Sirocco Helmet](#)



Alpine Climbing Harness

mountaineering harness, with adjustable leg loops. Not a rock-climbing “sport” harness

recommended: [Petzl Altitude](#)



Headlamp

with 2 extra sets of new batteries

recommended: [Petzl Tactikka Core Headlamp](#)

TRAVEL ITEMS

Large Duffel Bag with Lock

for storing gear in our camps while climbing. No hard sides or wheels.
recommended: [Mountain Hardware Expedition Duffel 140](#)

Small Duffel Bag with Lock

to store items in the hotel(s) while on the climb
recommended: [Mountain Hardware Camp 4 Duffel 45](#)

Travel Clothes

for days in cities and towns

Lightweight journal, sketchbook, pencils, pen

U.S. cash

for currency exchange to purchase SIM cards or merchandise in cities and villages

ADDITIONAL FOOD ITEMS

Snack Food

bring a few days supply of your favorite climbing snack food such as bars, gels, nuts, beef jerky, etc.
variety of salty and sweet is good
recommended: [GU Roctane Energy Gel](#)

OTHER EQUIPMENT

Water Bottles (2)

wide mouth bottles with 1-liter capacity

Water Bottle Parkas (2)

fully insulated with zip opening
recommended: [Outdoor Research Water Bottle Parka #1](#)

Thermos (optional)

1-liter
recommended: [Hydro Flask 32oz Wide Mouth Insulated Bottle](#)

Water Treatment

recommended: [SteriPEN Ultra](#), [Aquamira](#), tablets, etc.

Sunscreen (2 tubes)

SPF 40 or better

Lip Screen (2 sticks)

SPF 30 or better

Toiletry Bag

include toothbrush, toothpaste, toilet paper, baby wipes and hand sanitizer (2 small bottles)

Pee Bottle

1-liter minimum bottle for convenience at night in the tent

Female Urination Device (FUD)

recommended: [Sani-Fem Freshette](#)

Knife or Multi-tool (optional)

Small Personal First-aid Kit
include athletic tape, band-aids, Ibuprofen, blister care, etc.

Medications and Prescriptions
bring personal medications, antibiotics (Azithromycin, etc.), altitude medicine such as Diamox, etc.

Handkerchiefs/Bandanas (optional)

Swim Suit
For the hot springs at Laguna Verde and the beach at Bahía Inglesa.

Towel
for the hot springs and the beach.

Hand and toe warmers

OPTIONAL ELECTRONICS

Country-appropriate power plug adapters and power transformers

Adventure Sports Watch
recommended: [Garmin fēnix 6](#)

GPS/Personal Satellite Communicator
recommended: [Garmin inReach Mini](#)

Personal power system
recommended: [Goal Zero Nomad 28 Plus Solar Panel](#) and [Sherpa 100AC Power Bank](#)

Digital Entertainment
movies, tv shows, music, books loaded on to smartphone, iPad, Kindle

Camera
bring extra batteries, charger, and memory cards